FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(h) of the Investment Company Act of 1940	
SHIDLER			2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify
(Last) (First) (Middle) 311 SOUTH WACKER DRIVE SUITE 4000			3. Date of Earliest Transaction (Month/Day/Year) 11/03/2008	below) below)
(Street) CHICAGO IL 60606 (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

(Street) CHICAGO IL 60606					X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)	lon-Derivative \$	Securities Acc	uired	Die	nosed of	or Ben	eficially	Owned		
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code V		Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock, par value \$.01 per share	11/04/2008		P		3,500	A	\$10.115	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		7,200	Α	\$10.12	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		1,100	Α	\$10.125	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		7,219	Α	\$10.13	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		2,100	A	\$10.135	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		8,397	A	\$10.14	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		4,700	A	\$10.15	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		6,400	Α	\$10.16	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		3,500	A	\$10.17	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		700	A	\$10.175	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		3,400	A	\$10.18	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		9,750	A	\$10.19	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		285	A	\$10.195	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		6,800	Α	\$10.2	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		3,100	A	\$10.21	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		4,800	Α	\$10.215	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		3,800	A	\$10.22	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		5,600	A	\$10.23	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		2,600	A	\$10.24	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		1,100	A	\$10.245	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		9,800	A	\$10.25	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		10,411	Α	\$10.26	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		10,027	Α	\$10.27	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		300	Α	\$10.275	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		7,500	A	\$10.28	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		8,740	A	\$10.29	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		600	A	\$10.295	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		9,603	A	\$10.3	1,063,911(1)	D	
Common Stock, par value \$.01 per share	11/04/2008		P		12,107	A	\$10.31	1,063,911(1)	D	

1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)				5. Amount of		6. Ownership Form: Direct	7. Nature of Indirect		
							Year)	8)	ıstr.						ed Following	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
							Code	V	Amount	ount (A) or (D)		ce	Transaction(s) (Instr. 3 and 4)					
Common Stock, par value \$.01 per share					2008		P		15,226	6 A \$10		10.32	1,063,911(1)		D			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Executi Facurity or Exercise (Month/Day/Year)					ion str.		ve es ed		s, Co	onvertib sable and e	7. Title Amour Securi Under Deriva	and nt of ties lying tive ty (Instr.	8. P Deri Sec (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	Code V	,	(A) (E		Date Exercisal		Expiration Date	Title	or Number of Shares	er				

Explanation of Responses:

1. Does not include 910,660 shares held indirectly by the reporting person through Shidler Equities, L.P. Also does not include 20,000 shares held indirectly by the reporting person through his spouse.

<u>/s/ Jay Shidler</u> <u>11/04/2008</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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