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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB Number: 3235-028

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1. Name and Add	<u>VID P</u>		2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]		ationship of Reporting Per (all applicable) Director Officer (give title below)	rson(s) to Issuer 10% Owner Other (specify below)
(Last) C/O FIRST IN	(First)	(Middle) EALTY TRUST, INC.	3. Date of Earliest Transaction (Month/Day/Year) 10/29/2003		Executive VP - O	Operations
		VE, STE. 4000	10/29/2003			
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Filin	g (Check Applicable
(Street) CHICAGO	п	60606		X	Form filed by One Rep	oorting Person
	1L	00000			Form filed by More that Person	n One Reporting
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock, par value \$.01 per share	10/29/2003		М		3,700	A	\$27.25	76,603	D	
Common Stock, par value \$.01 per share	10/29/2003		S		3,700	D	\$32.5	76,603	D	
Common Stock, par value \$.01 per share	10/29/2003		М		11,600	A	\$30.375	76,603	D	
Common Stock, par value \$.01 per share	10/29/2003		S		11,600	D	\$32.5	76,603	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$27.25	10/29/2003		М			3,700	01/25/2003	08/28/2010	Common Stock	3,700	\$0 ⁽¹⁾	0	D	
Employee Stock Option (right to buy)	\$30.375	10/29/2003		М			11,600	05/13/1998	05/13/2007	Common Stock	11,600	\$0 ⁽¹⁾	8,400	D	

Explanation of Responses:

1. No figure applicable.

/s/ David P. Draft

10/29/2003

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.