UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

Current Report

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

July 26, 2005

Date of Report (Date of earliest event reported)

FIRST INDUSTRIAL REALTY TRUST, INC.

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation or organization) 1-13102 (Commission File Number) **36-3935116** (I.R.S. Employer Identification No.)

311 S. Wacker Drive, Suite 4000 Chicago, Illinois 60606 (Address of principal executive offices, zip code)

(312) 344-4300

(Registrant's telephone number, including area code)

Not Applicable (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 2.02. Results of Operations and Financial Condition.

On July 26, 2005, First Industrial Realty Trust, Inc. (the "Company") issued a press release announcing its financial results for the fiscal quarter ended June 30, 2005 and certain other information.

Attached and incorporated by reference as Exhibit 99.1 is a copy of the Company's press release dated July 26, 2005, announcing its financial results for the fiscal quarter ended June 30, 2005.

On July 27, 2005, the Company will hold an investor conference and webcast at 1:00 p.m. Eastern time to disclose and discuss the financial results for the second fiscal quarter of 2005.

The information furnished in this report under this Item 2.02, including the Exhibit attached hereto, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, except as shall be expressly set forth by specific reference to such filing.

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Item 9.01 Financial Statements and Exhibits.

(c) Exhibits. The following exhibits are filed herewith:

Exhibit No.	Description
99.1.	First Industrial Realty Trust, Inc. Press Release dated July 26, 2005 (furnished pursuant to Item 2.02).
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FIRST INDUSTRIAL REALTY TRUST, INC.

By: Is/ Scott A. Musil

Name: Scott A. Musil

Title: Senior Vice President — Controller (Principal Accounting Officer)

Date: July 26, 2005

FIRST INDUSTRIAL REALTY TRUST REPORTS SECOND QUARTER RESULTS

Raising 2005 FFO Guidance by \$0.05 Per Share

- Improved Occupancy to 91.1 Percent, Ninth Consecutive Quarterly Increase
- Leased 6.4 Million Square Feet in the Quarter
- Retained Tenants in 72.8 Percent of Square Footage Up For Renewal
- Pace of New Investments Continues to Increase and Investment Pipeline Exceeds \$1 Billion

CHICAGO, July 26, 2005 — First Industrial Realty Trust, Inc. (NYSE: FR), the nation's largest provider of diversified industrial real estate, today announced results for the quarter ended June 30, 2005. Diluted net income available to common stockholders per share (EPS) was \$0.46, compared to \$0.35 in second quarter 2004. Net income available to common stockholders in the quarter was \$19.4 million, compared to \$14.1 million in second quarter 2004. For the six months ended June 30, 2005, EPS was \$0.79, compared to \$0.93 a year ago.

"Occupancy improved, the pace of new investments is up significantly, and we continue to earn strong returns from our active real estate investment process," said Mike Brennan, president and chief executive officer. "We produced solid results for the quarter and I am particularly pleased with the success of our development team. We recently announced new build-to-suit starts for Pier I in Washington, Staples in Georgia, and Mary Kay in Illinois. These projects reflect the growth of our customer franchise with Corporate America and the increasing demand for industrial real estate solutions tied to supply chain reconfiguration."

Second quarter 2005 highlights are provided below:

Portfolio Performance

- Increased occupancy to 91.1%, up from 90.8% at March 31, 2005
- Retained tenants in 72.8% of square footage up for renewal
- · Leased 6.4 million square feet
- Same property net operating income (NOI) decreased by 2.3%

Second Quarter On Balance Sheet 2005 Investment Statistics

		(in millions)
Property Acquisitions (Excluding Land)		\$ 131.6
Square Feet	4.1 million	
Stabilized Weighted Average Capitalization Rate	9.8%	
Developments Placed In Service Square Feet	0.3 million	\$ 14.0
Expected Weighted Average First-Year Stabilized Yield	9.1%	
Land Acquisitions		\$ 10.8
Total Property Investment		\$ 156.4
Property Sales (Excluding Land)		\$ 125.7
Square Feet	2.2 million	
Weighted Average Capitalization Rate	7.7%	
Land Sales		10.1
Total Property Sales		\$ 135.8

"Our pipeline of investment opportunities, both on balance sheet and for our joint ventures, has grown substantially since the first quarter and now exceeds \$1 billion," said Johannson Yap, chief investment officer. "We also realized strong investment returns as the unleveraged internal rate of return on dispositions for the quarter was 15%."

Solid Financial Position

- Fixed-charge coverage was 2.5 times and interest coverage was 2.8 times.
- 96% of real estate assets are unencumbered by mortgages.
- The weighted average maturity of permanent debt at the end of the quarter was 8.9 years, one of the longest in the REIT industry.
- 100% of the Company's permanent debt is fixed rate.

"Our \$950 million joint venture with CalSTRS is off to a great start," said Mike Havala, chief financial officer. "In three months since the venture started, we have already invested \$128 million. This additional source of capital gives us the capacity to expand our business across the country and support all of the industrial real estate needs of our customers."

Supplemental Reporting Measure

Second quarter FFO per share/unit on a diluted basis was \$0.86, compared to \$0.67 per share/unit on a diluted basis for the same quarter in 2004. For the six months ended June 30, 2005, FFO per share/unit was \$1.67 per share compared with \$1.49 per share a year ago.

First Industrial defines FFO as net income available to common stockholders, plus depreciation and amortization of real estate, minus accumulated depreciation and amortization on real estate sold.

Outlook for 2005

Mr. Brennan stated, "The environment for industrial real estate continues to strengthen as companies invest to meet the increased demand of an improving economy, and we are well positioned to meet this growing demand."

"We are increasing our guidance range for full-year 2005 FFO per share/unit by \$0.05 to between \$3.45 and \$3.65, and full-year 2005 EPS to between \$1.65 and \$1.85. Investment volume assumptions for 2005, which include both new developments and acquisitions, are assumed to be approximately \$650 million to \$750 million with an 8.5% to 9.5% average cap rate. Sales volume in 2005 is assumed to be approximately \$550 million to \$650 million with a 7.5% to 8.5% average cap rate, with book gains from property sales/fees of between \$110 million and \$120 million. Our assumption for net economic gains for on balance sheet transactions in 2005 is between \$80 million and \$90 million. Our estimate for third quarter 2005 FFO per share/unit is in the range of \$0.85 to \$0.95."

	Guid 30	v End of lance for Q 2005 hare/unit)	Guid 30	h End of lance for Q 2005 hare/unit)	Guidan	End of ce for 2005 hare/unit)	Guidan	n End of ce for 2005 hare/unit)
Net Income Available to Common Stockholders	\$	0.40	\$	0.50	\$	1.65	\$	1.85
Add: Real Estate Depreciation/Amortization		0.60		0.60		2.40		2.40
Less: Accumulated Depreciation/Amortization on Real Estate Sold		(0.15)		(0.15)		(0.60)		(0.60)
FFO	\$	0.85	\$	0.95	\$	3.45	\$	3.65

Mr. Brennan continued, "A number of factors could impact our ability to deliver results in line with our assumptions, such as interest rates, the overall economy, the supply and demand of industrial real estate, the timing and yields for divestment and investment, and numerous other variables. There can be no assurance that First Industrial can achieve such results for 2005. However, I believe that First Industrial has the proper strategic and tactical design to deliver such results. We believe our I-N-D-L infrastructure — with its offensive and defensive characteristics — will continue to support our efforts and prove its value."

First Industrial Realty Trust, Inc., the nation's largest provider of diversified industrial real estate, serves every aspect of Corporate America's industrial real estate needs, including customized supply chain solutions, through its unique I-N-D-L operating platform, which utilizes a pure Industrial focus and National scope to provide Diverse facility types, while offering Local, full-service management and expertise. The Company owns, operates and has under development 88.5 million square feet of industrial real estate in markets throughout the United States. Building, buying, selling, leasing and managing industrial property in major markets nationwide, First Industrial develops long-term relationships with corporate real estate directors, tenants and brokers to better serve customers with creative, flexible industrial real estate solutions.

This press release contains forward-looking information about the Company. A number of factors could cause the Company's actual results to differ materially from those anticipated, including changes in: economic conditions generally and the real estate market specifically, legislative/regulatory changes (including changes to laws governing the taxation of real estate investment trusts), availability of financing, interest rate levels, competition, supply and demand for industrial properties in the Company's current and proposed market areas, potential environmental liabilities, slippage in development or lease-up schedules, tenant credit risks, higher-than-expected costs and changes in general accounting principles, policies and guidelines applicable to real estate investment trusts. For further information on these and other factors that could impact the Company and the statements contained herein, reference should be made to the Company's filings with the Securities and Exchange Commission.

A schedule of selected financial information is attached.

First Industrial Realty Trust, Inc. will host a quarterly conference call at 12:00 p.m. Central time, 1:00 p.m. Eastern time, on Wednesday, July 27, 2005. The call-in number is (800) 865-4460 and the

passcode is "First Industrial." The conference call will also be webcast live on First Industrial's web site, www.firstindustrial.com, under the "Investor Relations" tab. A replay will also be available on the web site.

The Company's second quarter supplemental information can be viewed on First Industrial's website, www.firstindustrial.com, under the "Investor Relations" tab.

Contact: Sean P. O'Neill

SVP, Investor Relations and Corporate Communications

312-344-4401

Art Harmon

Sr. Manager, Investor Relations and Corporate Communications

312-344-4320

FIRST INDUSTRIAL REALTY TRUST, INC.

Selected Financial Data (In thousands, except for per share/unit and property data) (Unaudited)

	Three Months Ended		Six Months Ended		
	June 30,	Restated (e) June 30,	June 30,	Restated (e) June 30,	
Statement of Operations and Other Data:	2005	2004	2005	2004	
Total Revenues	\$ 86,423	\$ 74,129	\$ 172,263	\$ 150,702	
Property Expenses	(29,932)	(25,241)	(60,273)	(51,705)	
General & Administrative Expense	(11,571)	(9,665)	(23,493)	(16,888)	
Amortization of Deferred Financing Costs	(510)	(464)	(1,019)	(910	
Depreciation of Corporate F,F&E	(337)	(321)	(657)	(640	
Depreciation and Amortization of Real Estate	(28,332)	(22,578)	(55,183)	(42,771	
Total Expenses	(70,682)	(58,269)	(140,625)	(112,914	
Interest Income	448	866	837	1,578	
Interest Expense	(25,890)	(23,922)	(51,693)	(47,556	
Mark-to-Market / Gain on Settlement of Interest Rate Protection Agreement					
(a)	(1,404)	1,450	(463)	1,450	
Loss from Continuing Operations Before Income Tax Benefit, Equity in Net (Loss) Income of Joint Ventures and Income Allocated to Minority Interest	(11,105)	(5,746)	(19,681)	(6,740	
Equity in Net (Loss) Income of Joint Ventures (b)	(98)	301	(220)	546	
Income Tax Benefit	1,871	1,453	3,837	2,262	
Minority Interest Allocable to Continuing Operations	1,503	2,250	2,677	2,202	
Willionty Interest Amocable to Continuing Operations		2,230	2,077	2,334	
Loss from Continuing Operations	(7,829)	(1,742)	(13,387)	(978	
Income from Discontinued Operations (Including Gain on Sale of Real Estate of \$33,690 and \$28,273 for the Three Months Ended June 30, 2005 and 2004, respectively and \$47,186 and \$55,484 for the Six Months Ended June 30, 2005 and 2004, respectively (c)) Provision for Income Taxes Allocable to Discontinued Operations (Including a provision allocable to Gain on Sale of Real Estate of \$2,611 and \$1,565	34,581	31,924	49,747	63,793	
for the Three Months Ended June 30, 2005 and 2004, respectively and \$5,782 and \$3,675 for the Six Months Ended June 30, 2005 and 2004, respectively) Minority Interest Allocable to Discontinued Operations (c)	(2,527) (4,193)	(2,110) (4,099)	(6,188) (5,706)	(4,685 (8,287	
Income Before Gain on Sale of Real Estate	20,032	23,973	24,466	49,843	
Gain on Sale of Real Estate	3,232	3,337	24,716	6,583	
Provision for Income Taxes Allocable to Gain on Sale of Real Estate	(1,252)	(710)	(8,977)	(1,424	
Minority Interest Allocable to Gain on Sale of Real Estate	(259)	(361)	(2,062)	(723	
Net Income	21,753	26,239	38,143	54,279	
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Preferred Dividends Redemption of Preferred Stock	(2,310)	(4,790) (7,359)	(4,620) —	(9,834) (7,359)	
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Net Income Available to Common Stockholders	<u>\$ 19,443</u>	\$ 14,090	\$ 33,523	\$ 37,086	
RECONCILIATION OF NET INCOME AVAILABLE TO COMMON STOCKHOLDERS TO FFO (d) AND FAD (d)					
Net Income Available to Common Stockholders	\$ 19,443	\$ 14,090	\$ 33,523	\$ 37,086	
Add: Depreciation and Amortization of Real Estate	28,332	22,578	55,183	42,771	
Add: Depreciation and Amortization of Real Estate Included in Discontinued	700	2.220	1.000	4.005	
Operations	703	2,329	1,826	4,635	
Add: Income Allocated to Minority Interest	2,949	2,210	5,091	6,056	
Add: Depreciation and Amortization of Real Estate- Joint Ventures (b)	494	476	829	909	
Less: Accumulated Depreciation/Amortization on Real Estate Sold	(9,766)	(10,194)	(15,190)	(22,021	
Less: Accumulated Depreciation/Amortization on Real Estate Sold- Joint Ventures (b)				(5	

Funds From Operations ("FFO") (d)	\$ 42,155	\$ 31,489	\$ 81,262	\$ 69,431
Add: Restricted Stock Amortization	2,930	1,930	4,820	3,334
Add: Amortization of Deferred Financing Costs	510	464	1,019	910
Add: Depreciation of Corporate F,F&E	337	321	657	640
Add: Redemption of Preferred Stock	_	7,359	_	7,359
Less: Non-Incremental Capital Expenditures	(11,118)	(10,969)	(21,701)	(18,187)
Less: Straight-Line Rent	(1,813)	(1,116)	(4,063)	(2,812)
Funds Available for Distribution ("FAD") (d)	\$ 33,001	\$ 29,478	\$ 61,994	\$ 60,675

FIRST INDUSTRIAL REALTY TRUST, INC.

Selected Financial Data

(In thousands, except for per share/unit and property data) (Unaudited)

			Three Months Ended			Six Months Ended			
		J	June 30, 2005		stated (e) June 30, 2004	J	une 30, 2005		tated (e) ine 30, 2004
RECONCILIATION OF NET INCOME AVAILABLE TO COMMON STOCKHOLDERS TO EBITDA (d) AND NOI (d)			2003		2004		2003		2004
Net Income Available to Common Stockholders		\$	19,443	\$	14,090	\$	33,523	\$	37,086
Add: Interest Expense Add: Interest Expense Included in Discontinued			25,890		23,922		51,693		47,556
Operations Add: Depreciation and Amortization of Real Estate			172 28,332		64 22,578		344 55,183		128 42,771
Add: Depreciation and Amortization of Real Estate Included in Discontinued Operations			703		2,329		1,826		4,635
Add: Preferred Dividends			2,310		4,790		4,620		9,834
Add: Redemption of Preferred Stock Add: Provision for Income Taxes / Income Tax Benefit			 1,908		7,359 1,367		11,328		7,359 3,847
Add: Income Allocated to Minority Interest			2,949		2,210		5,091		6,056
Add: Amortization of Deferred Financing Costs			510		464		1,019		910
Add: Depreciation of Corporate F,F&E Add: Depreciation and Amortization of Real Estate-			337		321		657		640
Joint Ventures (b) Less: Accumulated Depreciation/Amortization on Real Estate Sold- Joint Ventures (b)			494		476		829		909
Less: Accumulated Depreciation/Amortization on Real			<u> </u>		<u> </u>		<u> </u>		(5)
Estate Sold			(9,766)		(10,194)	_	(15,190)		(22,021)
EBITDA (d)		\$	73,282	\$	69,776	\$ 1	150,923	\$ 1	39,705
Add: General and Administrative Expense			11,571		9,665		23,493		16,888
Less: Net Economic Gains Less: Provision for Income Taxes / Income Tax Benefit			(25,248) (1,908)		(20,049) (1,367)		(45,384) (11,328)	((36,199) (3,847)
Less: Equity in FFO of Joint Ventures (b)			(396)		(1,307) (777)		(609)		(1,450)
Net Operating Income ("NOI") (d)		\$	57,301	\$	57,248	\$ 1	117,095	\$ 1	15,097
Weighted Avg. Number of Shares/Units Outstanding- Basic			48,759		46,909		48,693		46,569
Weighted Avg. Number of Shares/Units Outstanding-			40.750		40,000		40.000		4C FC0
Diluted (f) Weighted Avg. Number of Shares Outstanding- Basic			48,759 42,285		46,909 40,336		48,693 42,222		46,569 39,933
Weighted Avg. Number of Shares Outstanding- Diluted (f)			42,285		40,336		42,222		39,933
Per Share/Unit Data:									
FFO:	- Basic	\$	0.86	\$	0.67	\$	1.67	\$	1.49
	- Diluted (f)	\$	0.86	\$	0.67	\$	1.67	\$	1.49
Loss from Continuing Operations Less Preferred Stock Dividends Per Weighted Average Common Share Outstanding:	(1)	Ψ	0.00	Ψ	0.07	Ψ	1.07	Ψ	1.43
	- Basic	\$	(0.20)	\$	(0.29)	\$	(0.10)	\$	(0.34)
Net Income Available to Common Stockholders Per Weighted Average Common Share Outstanding:	- Diluted (f)	\$	(0.20)	\$	(0.29)	\$	(0.10)	\$	(0.34)
	- Basic - Diluted	\$	0.46	\$	0.35	\$	0.79	\$	0.93
Dividends/Distributions	(f)	\$ \$	0.46 0.6950	\$ \$	0.35 0.6850	\$ \$	0.79 1.3900	\$ \$	0.93 1.3700
FFO Payout Ratio			80.4%		102.0%		83.3%		91.9%
FAD Payout Ratio			102.7%		109.0%		109.2%		105.1%

Balance Sheet Data (end of period):			
Real Estate Before Accumulated Depreciation	\$ 2,922,451	\$ 2,739,957	
Real Estate Held For Sale, Net	52,641	14,787	
Total Assets	2,769,358	2,679,728	
Debt	1,636,422	1,475,791	
Debt/Accrued Interest on Real Estate Held For Sale	13,732	_	
Total Liabilities	1,788,144	1,605,491	
Stockholders' Equity and Minority Interest	\$ 981,214	\$ 1,074,237	
Property Data (end of period):			
Total In-Service Properties	848	814	
Total Gross Leasable Area (in sq ft)	64,482,336	59,178,370	
Occupancy	91.1%	88.6%	

- a) Represents the mark to market of an interest rate protection agreement used to hedge a prospective transaction that does not qualify for hedge accounting in accordance with Statement of Financial Accounting Standard No. 133, "Accounting for Derivative Instruments and Hedging Activities".
- b) Represents the Company's share of net income, depreciation and amortization of real estate and accumulated depreciation and amortization on real estate sold from the Company's joint ventures in which it owns minority equity interests.
- c) In August 2001, the Financial Accounting Standards Board issued Statement of Financial Accounting Standard No. 144 "Accounting for the Impairment or Disposal of Long-Lived Assets" ("FAS 144"). FAS 144 requires that the operations and gain (loss) on sale of qualifying properties sold and properties that are classified as held for sale be presented in discontinued operations. FAS 144 also requires that prior periods be restated.
- d) Investors in and analysts following the real estate industry utilize FFO, NOI, EBITDA and FAD, variously defined, as supplemental performance measures. While the Company believes net income available to common stockholders, as defined by GAAP, is the most appropriate measure, it considers FFO, NOI, EBITDA and FAD, given their wide use by and relevance to investors and analysts, appropriate supplemental performance measures. FFO, reflecting the assumption that real estate asset values rise or fall with market conditions, principally adjusts for the effects of GAAP depreciation and amortization of real estate assets. NOI provides a measure of rental operations, and does not factor in depreciation and amortization and non-property specific expenses such as general and administrative expenses. EBITDA provides a tool to further evaluate the ability to incur and service debt and to fund dividends and other cash needs. FAD provides a tool to further evaluate the ability to fund dividends. In addition, FFO, NOI, EBITDA and FAD are commonly used in various ratios, pricing multiples/yields and returns and valuation calculations used to measure financial position, performance and value.

The Company calculates FFO to be equal to net income available to common stockholders, plus depreciation and amortization on real estate, minus accumulated depreciation and amortization on real estate sold.

NOI is defined as revenues of the Company, minus property expenses such as real estate taxes, repairs and maintenance, property management, utilities, insurance and other expenses. NOI includes NOI from discontinued operations.

EBITDA is defined as NOI, plus the equity in FFO of the Company's joint ventures, which are accounted for under the equity method of accounting, plus Net Economic Gains, minus general and administrative expenses. Net Economic Gains equal the gain on sale of real estate and the gain on sale of real estate from discontinued operations less accumulated depreciation and amortization on real estate sold (excluding the recapture of accumulated amortization related to above/below market leases as this amortization is included in revenues and FFO) and provision for income taxes/income tax benefit. EBITDA includes EBITDA from discontinued operations.

FAD is defined as EBITDA, minus GAAP interest expense, minus preferred stock dividends, minus preferred stock redemption costs, minus straight-line rental income, minus provision for income taxes, plus restricted stock amortization, minus non-incremental capital expenditures. Non-incremental capital expenditures are building improvements and leasing costs required to maintain current revenues.

FFO, NOI, EBITDA and FAD do not represent cash generated from operating activities in accordance with GAAP and are not necessarily indicative of cash available to fund cash needs, including the repayment of principal on debt and payment of dividends and distributions. FFO, NOI, EBITDA and FAD should not be considered as substitutes for net income available to common stockholders (calculated in accordance with GAAP), as a measure of results of operations, or cash flows (calculated in accordance with GAAP) as a measure of liquidity. FFO, NOI, EBITDA and FAD, as calculated by the Company, may not be comparable to similarly titled, but variously calculated, measures of other REITs or to the definition of FFO published by NAREIT.

- e) In 2004, the Company classified its entire tax provision to income from discontinued operations. Based on a review of its presentation of income taxes under FAS 109, the Company has reconsidered such presentation and determined that the Company's income tax provision should be allocated between income from continuing operations, income from discontinued operations and gain on sale of real estate. This reclassification does not impact net income available to common stockholders or FFO.
- f) Pursuant to Statement of Financial Accounting Standard No. 128, "Earnings Per Share", the weighted average number of shares/units outstanding diluted and weighted average number of shares outstanding basic and weighted average number of shares outstanding basic, respectively, as the dilutive effect of stock options and restricted stock was excluded because its inclusion would have been antidilutive to the loss from continuing operations per share.