FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SLATER ROBERT J (Last) (First) (Middle) 311 SOUTH WACKER DRIVE					2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR] 3. Date of Earliest Transaction (Month/Day/Year) 04/02/2004											lationship of Reporting isk all applicable) Director Officer (give title below)		ig Person	10% Owner Other (specify below)		
(Street) CHICAGO IL 60606 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Indivi ne) X	- /					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						action 2A. Deemed Execution Date,			3. Transa Code (ction	4. Securi	ties Acquired (A) I Of (D) (Instr. 3, 4		(A) or	5. Amo Securi Benefi Owned Report Transa		ount of ties cially I Following	6. Owner Form: Di (D) or Inc (I) (Instr.	rect direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$.01 per share																	3,952	D			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		of Derive Secur Acqu (A) or Dispo of (D) (Instr. and 5	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date Expiration Date Date Expiration Date			Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		t		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Form Direc or In (I) (Ir		11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Represents shares granted under FR's 1997 Stock Incentive Plan. All of such shares vest on January 31, 2014.
- 2. No figure applicable.

/s/ Robert J. Slater

04/02/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.