FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington, D.C. 2	0549
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OMB APPROVAL 3235-0287 OMB Number: Estimated average burden

hours per response:

0.5

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Olsen Denise				<u>FI</u>	2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [ FR ]								is. Relationship of Reporting Person(s) to Issuer Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) ONE N. WACKER DRIVE SUITE 4200			3. I 05,	3. Date of Earliest Transaction (Month/Day/Year) 05/04/2022								be	low)	(give title		Other (s below)		
(Street)	GO IL	(	60606	4.1	t Amei	ndment, I	Date (	of Original Fil	led (N	/lonth/Da	ay/Year)	6. Lir	e) X Fo	rm fi	oint/Group led by One led by More	Repor	ting Persor	n
(City)	(St	ate) (	(Zip)															
		Tabl	le I - Non-De	rivative	Sec	curities	s Ac	quired, D	ispo	osed c	of, or Be	neficia	lly Ow	ned	l			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ar) E	2A. Deemed Execution Date if any (Month/Day/Yea		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securi Benefi Owner		s ally ollowing	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
								Code	, ,	Amount	(A) o (D)	r Price	Trai	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		Deriva	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y [0]	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Exp	oiration e	Title	Amount or Number of Shares						
LP Units	(1)	05/04/2022		A		1,255		(2)		(3)	Common Stock	1,255	\$0.0	<u> </u>	6,717		D	

### **Explanation of Responses:**

- 1. Represents units of limited partnership interest ("LP Units") in First Industrial L.P., of which the Company is the general partner, granted under the Company's 2014 Stock Incentive Plan. An LP Unit that has vested and received certain allocations will automatically convert into a common unit of limited partnership interest in First Industrial, L.P. on a one-for-one basis, which common unit may in turn be converted into a share of Common Stock of the Company on a one-for-one basis.
- 2. Not applicable. The LP Units vest upon the earlier of (i) the first anniversary of grant or (ii) the Company's annual stockholder meeting, where directors are elected, next following the date of grant.
- 3. Not applicable

#### Remarks:

/s/ Jennifer Matthews Rice, attorney-in-fact

05/06/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.