FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

DUNCAN BRUCE W			2. Date of Ever Requiring State (Month/Day/Ye 01/09/2009	ement	3. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]						
(Last) 311 SOUTH V	ast) (First) (Middle) 11 SOUTH WACKER DRIVE			Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			(Mon	5. If Amendment, Date of Original Filed (Month/Day/Year)			
SUITE 400				below) below)		Other (spec below)	Appli	6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street)					PRESIDENT AND CEO			X	X Form filed by One Reporting Person Form filed by More than One		
CHICAGO	IL	60606							Reporting Pe		
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)					int of Securities ally Owned (Instr. 4)	3. Ownershi Form: Direct or Indirect ((Instr. 5)	t (D) (Instr.	4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
Ex			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4			4. Conversion or Exercise Price of	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Derivative Security	or Indirect (I) (Instr. 5)		
Restricted Stoo	ck Units		(2)(3)	(2)(3)		Common Stock	1,000,000	(1)	D		

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents the right to receive, upon vesting, one share of the Issuer's common stock plus any dividend equivalents that have accrued prior to the date of vesting. Vested shares will be delivered to the reporting person promptly after vesting.
- 2. 600,000 RSUs will vest in four equal annual installments beginning December 31, 2009, subject to the reporting person's continued employment by the Issuer.
- 3. 400,000 RSUs will vest in four equal installments upon the satisfaction of a time-based vesting component and achievment of specified market price levels of the Issuer's common stock.

<u>/s/ Bruce W. Duncan</u> <u>01/14/2009</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.