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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 8)\*

First Industrial Realty Trust, Inc.

(Name of Issuer)

Common

(Title of Class of Securities)

32054K103 -----(CUSIP Number)

Check the following box if a fee is being paid with this statement [] (A fee is not required only if the person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7).

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in prior coverage.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SEC 1745 (2/92)

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SCHEDULE 13G

CUSIP No. 32054K103	Page 2 of 4 Pages
1) NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON	
Cohen & Steers Capital Management, Inc. 13-335336	
	a) [ ] b) [ ]
3) SEC USE ONLY	
4) CITIZENSHIP OR PLACE OF ORGANIZATION	
New York	

\_\_\_\_\_\_

NUMBER OF	5) SOLE VOTING POWER 4,134,400
SHARES BENEFIC OWNED B	IALLY 6) SHARED VOTING POWER
EACH REPORTI PERSON	7) SOLE DISPOSITIVE POWER 4,172,100
WITH	8) SHARED DISPOSITIVE POWER
9) AGGREGA	TE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
4	,172,100
	DX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES SHARES
]	]
11) PERCENT	OF CLASS REPRESENTED BY AMOUNT IN ROW (9)
10	.54%
12) TYPE OF	REPORTING PERSON
I	A
	*SEE INSTRUCTIONS BEFORE FILLING OUT!
	Page 2
SCHEDULE 13	Page 3 of 4
SCHEDULE 13	Page 3 of 4 Name of Issuer
Item 1(a)	Name of Issuer
Item 1(a)	Name of Issuer  First Industrial Realty Trust, Inc.
Item 1(a)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000
Item 1(a) Item 1(b)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606
Item 1(a) Item 1(b) Item 2(a)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing
Item 1(a) Item 1(b) Item 2(a)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing Cohen & Steers Capital Management, Inc.
Item 1(a) Item 1(b) Item 2(a)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing Cohen & Steers Capital Management, Inc.  Address of Principal Business Office 757 Third Avenue
Item 1(a)  Item 1(b)  Item 2(a)  Item 2(b)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing Cohen & Steers Capital Management, Inc.  Address of Principal Business Office 757 Third Avenue New York, New York 10017
Item 1(a)  Item 1(b)  Item 2(a)  Item 2(b)	Name of Issuer  First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing  Cohen & Steers Capital Management, Inc.  Address of Principal Business Office  757 Third Avenue New York, New York 10017  Citizenship
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Item 1(a)  Item 1(b)  Item 2(a)  Item 2(b)  Item 2(c)  Item 2(d)  Item 2(e)	First Industrial Realty Trust, Inc.  Address of Issuer's Principal Executive Office  311 South Wacker Drive Suite 4000 Chicago, IL 60606  Name of Person Filing Cohen & Steers Capital Management, Inc.  Address of Principal Business Office 757 Third Avenue New York, New York 10017  Citizenship USA  Title of Class of Securities Common  CUSIP Number 32054K103
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- (c) [ ] Insurance Company as defined in section 3(a)(19) of the Act Investment Company registered under Section 8 of the (d) [ ] Investment Company Act Investment Adviser registered under Section 203 of the (e) Investment Advisers Act of 1940 Employee Benefit Plan, Pension Fund which is subject to the provisions of the Employee Retirement Income (f) Security Act of 1974 or Endowment Fund; see Section 240.13d-1(b)(1)(ii)(F) Parent Holding Company, in accordance with Section (g) 240.13d-l(ii)(G) (Note: See Item 7) (h) [ ] Group, in accordance with Section 240.13d-1(b)(l)(ii)(H) **Ownership** (a) Amount of Shares Beneficially Owned 4,172,100 (b) Percent of Class 10.54% (c) Number of Shares as to which such person has: (i) sole power to vote or to direct the vote 4,134,400 (ii) shared power to vote or to direct the vote (iii) sole power to dispose or to direct the disposition of 4,172,100 (iv) shared power to dispose or to direct the disposition of Ownership of Five Percent or Less of a Class If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following. [ ] Ownership of More than Five Percent on Behalf of Another Person Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company Identification and Classification of Members of the Group Notice of Dissolution of the Group NA Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purposes or effect.

Ttem 4

Item 5

Item 6

Item 7

Item 8

Item 9

Item 10

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.
December 4, 2003
/s/Robert Steers Signature

Robert H. Steers, Chairman

Name and Title