Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL							
	OMB Number:	3235-0287						
	Estimated average burden							
- 1	hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

FIF	2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]								5. Relationship of Reporti (Check all applicable) Director X Officer (give title below)			10% Owner			
	3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023								C	hief Fina	ancial	Officer			
4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned															
ransaction e nth/Day/Year	Execution Date,		Transaction Disposed Of Code (Instr. 5)				Securities Beneficia Owned Fo	5. Amount of Securities Beneficially Ownerfollowing		Direct Indirect It. 4)	7. Nature of ndirect Beneficial Ownership				
				Code	v	Amount	(A) or (D)	Price	Transacti	on(s)			Instr. 4)		
9/14/2022				G	V	350	D	\$0.00	90,428		D				
2/06/2022				G	V	500	D	\$0.00	(2) 89,9	89,928		D			
2/06/2022	/2022			G	V	625	D	\$0.00	(2) 89,	303	D				
2/06/2022				G	V	625	D	\$0.00	88,678		D				
2/06/2022	/2022			G	V	625	A	\$0.00	1,425			I	By Self as UTMA Custodian for Child		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
	ction nstr.	n of		6. Date Exercisable an Expiration Date (Month/Day/Year)		e	of Securities Underlying		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	re es ally g	Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)		
Code	v	(A)	(D)	Date Exercisa			Title	Amount or Number of Shares							
A		23,492		(4)		(4)	Common Stock 23,49		\$0.00	\$0.00 70,41		D			
A		5,361		(6)		(7)	Common Stock	5,361	\$0.00	75,78	80	D			
	erivative annual serivative annual series annual ser	## FIRST INC F 3. Date of 01/03/20 4. If Amend of the Inch A	erivative Securities and the properties of the p	erivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Code V (A) (D) A 23,492	erivative Securities Acquired (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) Code 2/06/2022 G 2/06/2032 G 2/06/2032 G 2/06/2032 G 2/06/2032 G 2/06/2032 G A 2/06/2032 G A 2/06/2032 G A Derivative Securities Acquired, I Expiratic (Month/Day/Year) Securities Acquired (A) or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Code V (A) (D) Date Exercisa A 23,492 (4)	FIRST INDUSTRIAL READING [FR] 3. Date of Earliest Transaction (Month/01/03/2023 4. If Amendment, Date of Original Filed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) Code V 2/06/2022 G V 3. Transaction Code (Instr. 8) Final State of Code (Instr. 8) S. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) Code V (A) (D) Date Exercisable Exercisable A 23,492 (4)	FIRST INDUSTRIAL REALTY TINC [FR] 3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023 4. If Amendment, Date of Original Filed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Code (Instr. 8) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Code (Instr. 8) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Code (Instr. 8) 3. Code V Amount 2D/14/2022 G V 500 Code V Amount 350 Code (Instr. 8) 3. Code V 625 Code/2022 G V 625	FIRST INDUSTRIAL REALTY TRUST INC [FR] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8) Code V Amount (A) or (D) Code V Amount (A) or (D) 2/06/2022 G V 500 D 2/06/2022 G V 625 D 3. Transaction Code (Instr. 8) Fivative Securities Acquired, Disposed of, or Bene Expiration Date (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Number of Disposed of (D) (Instr. 8) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Code V (A) (D) Date Exercisable Date Title A 23,492 (4) (4) Common Stock	Signature Securities Acquired Disposed of Of Of Of Of Of Of Of	FIRST INDUSTRIAL REALTY TRUST INC [FR] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Amount Date, If any Original Filed (Month/Day/Year) 6. Individual or J. Line) 7. Form filed (Month/Day/Year) 8. Form filed (Month/Day/Year) 8. Individual or J. Line) 8. Form filed (Month/Day/Year) 9. Individual or J. Line) 8. Form filed (Month/Day/Year) 9. Individual or J. Line) 9. In	FIRST INDUSTRIAL REALTY TRUST Check all applicable Director X Officer (give title below)	FIRST INDUSTRIAL REALTY TRUST INC [FR] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing Line) X Form filed by More than Person 6. Individual or Joint/Group Filing Line) X Form filed by More than Person 6. Individual or Joint/Group Filing Line) X Form filed by More than Person 6. Individual or Joint/Group Filing Line) X Form filed by More than Person 6. Individual or Joint/Group Filing Line) X Form filed by More than Person 6. Owned Form filed by More than Person 7. Title and Amount Office Person 8. Owned Form filed by More than Person 8. Owned Form filed by More filed by Owned Person 9. Owned Form filed by Owned Person 9. Owned Form filed by Owned Person 9. Owned Form filed by Owned Pe	FIRST INDUSTRIAL REALTY TRUST INC FR		

Explanation of Responses:

- 1. Represents bona fide gift to charity
- 2. This transaction involved a bona fide gift of securities by the reporting person to one of his adult children.
- 3. This transaction involved a bona fide gift of securities by the reporting person to one of his adult children, which child shares reporting person's household.
- 4. Represents the receipt of common units of limited partnership interest in First Industrial, L.P., of which the Company is the general partner, upon the vesting of Performance Units issued on January 1, 2020 under the Company's 2014 Stock Incentive Plan. A common unit of limited partnership interest in First Industrial, L.P. may be converted into a share of Common Stock of the Company on a one-for-one basis.
- 5. Represents units of limited partnership interest ("LP Units") in First Industrial L.P., of which the Company is the general partner, granted under the Company's 2014 Stock Incentive Plan. An LP Unit that has vested and received certain allocations will automatically convert into a common unit of limited partnership interest in First Industrial, L.P. on a one-for-one basis, which common unit may in turn be converted into a share of Common Stock of the Company on a one-for-one basis.
- 6. Not applicable. The LP Units vest in three equal installments on January 1, 2024, 2025 and 2026.
- 7. Not applicable

Remarks:

/s/ Jennifer Matthews Rice, attorney-in-fact

01/05/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.