

PROSPECTUS SUPPLEMENT NO. 10
(to prospectus dated July 17, 1998)

3,267,564 Shares
First Industrial Realty Trust, Inc.
Common Stock

This prospectus supplement supplements information contained in the "Selling Stockholders" section of the prospectus dated July 17, 1998 relating to the potential offer and sale from time to time of up to 3,267,564 shares of common stock of First Industrial Realty Trust, Inc. by the selling stockholders. This prospectus supplement is not complete without, and may not be delivered or used except in connection with, the prospectus dated July 17, 1998, including any supplements or amendments to such prospectus.

The table below reflects the following transactions:

- o the transfer by the Fred Trust, which is no longer a selling stockholder, of 653 units to Fred L. Phillips.
- o the transfer by Edward N. Barad, who is no longer a selling stockholder, of 262 units to Allied Jewish Federation of Colorado.
- o the transfer by Edward N. Barad, who is no longer a selling stockholder, of 327 units to BMH-BJ Congregation.
- o the transfer by The Carthage Partners, L.C., which is no longer a selling stockholder, of 34,939 units to Anderson Feazel, L.L.C.

Name -----	Number of Shares and Units Owned Before the Offering -----	Number of Shares Offered Hereby -----
Fred L. Phillips	653	653
Allied Jewish Federation of Colorado	262	262
BMH-BJ Congregation	327	327
Anderson Feazel, L.L.C.	34,939	34,939

The date of this prospectus supplement is November 17, 2003.