

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 13)\*

FIRST INDUSTRIAL REALTY TRUST

-----  
(Name of Issuer)

Common

-----  
(Title of Class of Securities)

32054K103

-----  
(CUSIP Number)

Date of Event which Requires Filing of this Statement

July 31, 2007  
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Check the appropriate box to designate the rule pursuant to which the Schedule is filed:

- Rule 13d-1(b)  
 Rule 13d-1(c)  
 Rule 13d-1(d)

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in prior coverage.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SEC 1745 (12-02)

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Page 2 of 7 Pages

Amendment Number 13 to Schedule 13G (continued)

CUSIP No. 32054K103

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1 NAME OF REPORTING PERSON  
S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON

Cohen & Steers, Inc. 14-1904657  
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2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a) [ ]  
(b) [x]  
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3 SEC USE ONLY

-----  
4 CITIZENSHIP OR PLACE OF ORGANIZATION

New York  
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NUMBER OF 5 SOLE VOTING POWER

SHARES	872,800
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BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
6	SHARED VOTING POWER 0
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7	SOLE DISPOSITIVE POWER 872,800
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8	SHARED DISPOSITIVE POWER 0

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9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

872,800

-----

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES\*

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11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

1.9%

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12 TYPE OF REPORTING PERSON\*

HC, CO

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\*SEE INSTRUCTIONS BEFORE FILLING OUT

Amendment Number 13 to Schedule 13G (continued)

CUSIP No. 32054K103

1 NAME OF REPORTING PERSON  
S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON  
  
Cohen & Steers Capital Management, Inc. 13-3353336

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*  
  
(a) [ ]  
(b) [x]

3 SEC USE ONLY

4 CITIZENSHIP OR PLACE OF ORGANIZATION  
  
New York

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	5	SOLE VOTING POWER 872,800
	6	SHARED VOTING POWER 0
	7	SOLE DISPOSITIVE POWER 872,800
	8	SHARED DISPOSITIVE POWER 0

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON  
  
872,800

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES\*

11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)  
  
1.9%

12 TYPE OF REPORTING PERSON\*  
  
IA, CO

\*SEE INSTRUCTIONS BEFORE FILLING OUT

Item 1.

- (a) Name of Issuer:  
FIRST INDUSTRIAL REALTY TRUST
- (b) Address of Issuer's Principal Executive Offices:  
311 S. Wacker Drive  
Suite 4000  
Chicago, IL 60606

Item 2.

- (a) Name of Persons Filing:  
Cohen & Steers, Inc.  
Cohen & Steers Capital Management, Inc.
- (b) Address of Principal Business Office:  
280 Park Avenue  
New York, NY 10017
- (c) Citizenship:  
Cohen & Steers, Inc: Delaware Corporations  
Cohen & Steers Capital Management, Inc: New York Corporation
- (d) Title of Class Securities:  
Common
- (e) CUSIP Number:  
32054K103

Item 3.

If this statement is filed pursuant to Rule 13d-1(b), or 13d-2(b), check whether the person filing is a

- (a)  Broker or Dealer registered under Section 15 of the Act
- (b)  Bank as defined in Section 3(a)(6) of the Act
- (c)  Insurance Company as defined in section 3(a)(19) of the Act
- (d)  Investment Company registered under Section 8 of the Investment Company Act
- (e)  An investment advisor in accordance with Section 240.13d-1(b)(1)(ii)(E)
- (f)  An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F)
- (g)  A parent holding company or control person in accordance with Section 240.13d-1(b)(1)(ii)(G)
- (h)  A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813)
- (i)  A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15U.S.C. 80a-3)
- (j)  Group, in accordance with Section 240.13d-1(b)(1)(ii)(J)

Item 4. OWNERSHIP:

(a) Amount Beneficially Owned as of July 31, 2007:

See row 9 on cover sheet

(b) Percent of Class:

See row 11 on cover sheet

(c) Number of shares as to which such person has:

(i) sole power to vote or direct the vote:  
See row 5 on cover sheet

(ii) shared power to vote or direct the vote:  
See row 6 on cover sheet

(iii) sole power to dispose or to direct  
the disposition of:  
See row 7 on cover sheet

(iv) shared power to dispose or direct  
the disposition of:  
See row 8 on cover sheet

Item 5. OWNERSHIP OF 5% OR LESS OF A CLASS

Yes

Item 6. OWNERSHIP OF MORE THAN 5% ON BEHALF OF ANOTHER PERSON

N/A

Item 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH  
ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT  
HOLDING COMPANY

Cohen & Steers Capital Management, Inc., an investment advisor registered under Section 203 of the Investment Advisers Act, is a wholly-owned subsidiary of the parent company.

Item 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP

N/A

Item 10 Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired in connection with or as a participant in any transaction having that purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: August 10, 2007

/s/Lisa Phelan

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Signature

Lisa D. Phelan, Chief Compliance Officer  
Cohen & Steers, Inc.  
Cohen & Steers Capital Management, Inc.

-----  
Name and Title

JOINT FILING AGREEMENT

In accordance with Rule 13d-1(k) promulgated under the Securities Exchange Act of 1934, as amended, the undersigned hereby agree to the joint filing with all other Reporting Persons (as such term is defined in the Schedule 13G referred to below) on behalf of each of them of a Statement on Schedule 13G including amendments thereto) with respect to the common shares of FIRST INDUSTRIAL REALTY TRUST, INC., and that this Agreement may be included as an Exhibit to such joint filing. This Agreement may be executed in any number of counterparts, all of which together shall constitute one and the same instrument.

IN WITNESS WHEREOF, the undersigned hereby execute this Agreement as of August 10, 2007.

COHEN & STEERS, INC.

/s/Lisa Phelan  
By:-----  
Name: Lisa D. Phelan  
Title: Chief Compliance Officer

COHEN & STEERS CAPITAL MANAGEMENT, INC.

/s/Lisa Phelan  
By:-----  
Name: Lisa D. Phelan  
Title: Chief Compliance Officer