FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Newman Robert D				FI	2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]										all app	olicable)	g Person(s) to Issuer 10% Owner Other (speci		wner	
(Last) (First) (Middle) 311 SOUTH WACKER DRIVE SUITE 4000					3. Date of Earliest Transaction (Month/Day/Year) 10/08/2007											belov			elow)	
(Street) CHICAG			50606 Zip)		_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Indiv ne) X	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Non	ı-Deriv	ative	Se	curitie	s Acc	quired,	Dis	osed o	f, or	Bene	ficia	illy (Owne	ed			
Date				Date (Month/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispos		Disposed	rities Acquired (A ed Of (D) (Instr. 3,				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	((A) or (D) Prid				ction(s) 3 and 4)			,,	
Common Stock, par value \$.01 per share 10/0				8/2007				A		257(1	1) A		(2)	(2)		2,676	D			
		Та	nble II - D								sed of, onvertib				y Ov	vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code					Expiration Date	Number of Shares									

Explanation of Responses:

- 1. Represents shares granted under FR's 1997 Stock Incentive Plan. Such shares vest on January 31, 2012.
- 2. No figure applicable.

/s/ Robert D. Newman

10/08/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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