# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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MUSIL SCO			2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [ FR ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below)								
(Last) ONE N. WACI	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	Chief Financial Officer								
UNE IN. WACI			01/02/2019									
<b>SUITE 4200</b>												
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable								
(Street)				Line)								
CHICAGO	IL	60606		X Form filed by One Reporting Person								
	112	00000		Form filed by More than One Reporting Person								
(City)	(State)	(Zip)										

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		ransaction Disposed Of (D) ( Code (Instr.				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(
Common Stock	01/02/2019		M <sup>(1)</sup>		23,915 <sup>(2)</sup>	Α	<b>\$0.00</b> <sup>(3)</sup>	131,887	D	
Common Stock	01/02/2019		<b>F</b> <sup>(4)</sup>		10,824	D	\$28.08	121,063	D	
Common Stock	01/02/2019		<b>F</b> <sup>(5)</sup>		3,768	D	\$28.08	117,295	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative vative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Performance Units	(3)	01/02/2019		<b>M</b> <sup>(6)</sup>			21,981	12/31/2018	12/31/2018	Common Stock	23,915 <sup>(2)</sup>	\$0.00	0	D	

#### Explanation of Responses:

1. Transaction resulting from the vesting of Performance Units (the "2016 Units") granted under First Industrial's 2014 Stock Incentive Plan on January 1, 2016.

2. Includes 1,934 shares of First Industrial common stock issued with respect to dividend equivalents related to the 2016 Units.

3. Each 2016 Unit represented the right to receive, upon vesting, one share of First Industrial common stock plus dividend equivalents representing any dividends that accrued with respect to such share after the issuance of the 2016 Units and prior to the date of vesting. The number of shares of First Industrial common stock issued with respect to dividend equivalents was calculated using a per share price of \$28.08, the closing price of First Industrial's common stock as of the settlement date.

4. Transaction resulting from tax withholding in connection with the vesting of the 2016 Units.

5. Transaction resulting from tax withholding in connection with the vesting of restricted stock.

6. The 2016 Units settled on January 2, 2019 based upon the relative total shareholder return of First Industrial's common stock as compared to the MSCI U.S. REIT Index and the NAREIT Industrial Index over the performance measurement period.

#### **Remarks:**

# <u>/s/ Daniel J. Hemmer</u>

\*\* Signature of Reporting Person

01/04/2019 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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