UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

Current Report

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

May 17, 2006

Date of Report (Date of earliest event reported)

FIRST INDUSTRIAL REALTY TRUST, INC.

(Exact name of registrant as specified in its charter)

Maryland

(State or other jurisdiction of incorporation or organization)

1-13102

(Commission File Number)

36-3935116

(I.R.S. Employer Identification No.)

311 S. Wacker Drive, Suite 4000 Chicago, Illinois 60606 (Address of principal executive offices, zip code)

(312) 344-4300

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 1.01. Entry into a Material Definitive Agreement.

On May 17, 2006, the board of directors of First Industrial Realty Trust, Inc. (the "Company") approved an increase in certain fees that compensate its non-employee members for their service. The approved increases result in the following compensation to the Company's non-employee directors:

Annual Retainer: \$40,000 (of which a minimum 50% is to be taken in restricted stock)

Annual Restricted Stock Grant: 1,500 shares

In-person Board and Committee Meeting Fee: \$2,000 Telephonic Board and Committee Meeting Fee: \$1,500

Compensation Committee Chairperson Annual Fee: \$10,000

Nominating/Corporate Governance Committee Chairperson Annual Fee: \$5,000

After May 17, 2006, shares of restricted stock issued in respect of the Annual Retainer referred to above will vest on January 31st of the fifth year following the year of issuance. The Audit Committee Chairperson Annual Fee remains \$20,000, as previously disclosed.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits. The following exhibits are filed herewith:

Exhibit No. Description

10.1 Form of Restricted Stock Agreement

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FIRST INDUSTRIAL REALTY TRUST, INC.

By: /s/ Scott A. Musil

Name: Scott A. Musil

Title: Chief Accounting Officer (Principal Accounting Officer)

Date: May 19, 2006

FIRST INDUSTRIAL REALTY TRUST, INC. 2001 STOCK INCENTIVE PLAN

NON-EMPLOYEE DIRECTOR FORM OF RESTRICTED STOCK AWARD AGREEMENT

AGREEMENT, made and entered into as of ____, 200___by and between the

First Industrial Realty Trust, Inc. 2001 Stock Incentive Plan Committee (the "Committee") and (the "Grantee").

WHEREAS, the Grantee has been elected to participate in the First Industrial Realty Trust, Inc. 2001 Stock Incentive Plan (the "Plan").

NOW, THEREFORE, in consideration of the premises and mutual covenants contained herein, and for other good and valuable consideration, First Industrial Realty Trust, Inc. (the "Company") and the Grantee agree as follows:

- (a) <u>Grant</u>. Pursuant to the provisions of the Plan, the terms of which are incorporated herein by reference, the Committee hereby grants to the Grantee an interest (the "Award") in ____shares of common stock, par value \$.01 per share, of the Company (the "Shares"). The Award is granted as of ____, 200___(the "Date of Grant") and such grant is subject to the terms and conditions contained herein, and the terms and conditions of the Plan.
- (b) <u>Vesting</u>. The Award shall vest, and the Grantee shall be deemed to have acquired complete ownership and control over the Award Shares, under the following circumstances:
 - (i) on January 31 of the fifth calendar year following the Date of Grant calendar year (e.g. January 31, 20___for an Award with an ____, 200_ Date of Grant);
 - ii) in the event of a Change in Control of the Company, as defined under the Plan;
 - (iii) on the January 31 of the year following the year in which the Grantee voluntarily terminates service as a Board member with the Company, as long as the total funds from operations (FFO) or FFO per share of the Company for such year of termination has increased from the FFO or FFO per share for the calendar year immediately preceding the Date of Grant calendar year;
 - (iv) in the event of the involuntary termination of the service of the Grantee as a Board member for any reason; or
 - (v) the Compensation Committee so directs.

- (a) <u>Share Delivery</u>. Upon vesting, a share certificate shall be delivered to the Grantee; <u>provided</u>, <u>however</u>, that the Company shall not be obligated to issue any Shares hereunder until all applicable securities laws and other legal and stock exchange requirements have been satisfied. The Grantee shall execute a stock power in the form attached hereto granting the Company the right to transfer Award Shares in the event the Grantee does not vest in the Award.
- (b) <u>Rights of Stockholder</u>. The Grantee shall, by virtue of the Award, be entitled to receive dividends and vote the Award Shares. The grant of the Award shall not confer on the Grantee any right with respect to continuance of service as a Board member with the Company nor shall such grant interfere in any way with the right of the Company to terminate the Grantee's service as a Board member at any time.
- (c) <u>Recapitalizations</u>, <u>Dividends and Adjustments</u>. In the event of any recapitalization, reclassification, split-up or consolidation of Shares, separation (including a spin-off), dividend on Shares payable in capital stock or other similar change in capitalization of the Company, merger or consolidation of the Company, sale by the Company of all or a portion of its assets or other similar event, the Committee shall make such appropriate adjustments in the number and kind of securities, cash or other property which may be issued pursuant to the Award as is necessary to maintain the proportionate interest of the Grantee and preserve the value of the Award.
 - (d) Nontransferability. The Award shall not be transferable by the Grantee except by will or the laws of descent and distribution.
- (e) <u>Withholding</u>. The Grantee agrees to make appropriate arrangements, consistent with the provisions of Section 11 of the Plan, with the Company for satisfaction of any applicable tax withholding requirements, or similar requirements, arising out of this Agreement.
- (f) <u>References</u>. References herein to rights and obligations of the Grantee shall apply, where appropriate, to the Grantee's legal representative or estate without regard to whether specific reference to such legal representative or estate is contained in a particular provision of this Agreement. Capitalized terms referred to herein but not defined shall have the meanings given to them in the Plan.
- (g) <u>Notice</u>. Any notice required or permitted to be given under this Agreement shall be in writing and shall be deemed to have been given when delivered personally or by courier, or sent by certified or registered mail, postage prepaid, return receipt requested, duly addressed to the party concerned at the address indicated below or to such changed address as such party may subsequently by similar process give notice of:

If to the Company: First Industrial Realty Trust, Inc.

311 S. Wacker Drive, Suite 4000

Chicago, Illinois 60606 Attn: Chief Financial Officer

	«Name» «Company» «Address1» «City», «State»	«Postal Code»		
(h) Counterparts. This Ag	reement may be ex	ecuted in counterparts,	each of which shall constitute one and the same instrument.	
(i) <u>Governing Law</u> . This a principles of conflict of laws			rued in accordance with the laws of the State of New York withou d by federal law.	t reference to the
N WITNESS WHEREOF, t	he undersigned has	executed this Agreeme	nt as of, 200	
			FIRST INDUSTRIAL REALTY TRUST, INC.	
			Ву:	
conclusive, and final all deci	sions and interpreta	tions of the Committee	n familiar with the terms and conditions set forth therein. I agree to a condition to the receipt of the Award, I hereby authorize the mpany any taxes required to be withheld under any federal, state of	e Company to
			GRANTEE	
			«Name»	
			Date:	