## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP
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l	OMB APPRO	VAL
	OMB Number:	3235-0287
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l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>DUNCAN BRUCE W</u>					INC FR							X Direct	or	10% O	wner	
(Last)	(Fi	rst) (	Middle)			[ *** ]						Office below	(give title	Other ( below)	specify	
ONE NORTH WACKER SUITE 4200				3. Date of Earliest Transaction (Month/Day/Year) 05/08/2019												
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)						
CHICAC	GO IL		50606										•	Reporting Personantelling Pers		
(City)	(Si	tate) (	Zip)									Perso		·		
(9)			le I - Non-D	Derivat	tive S	Acuritie	<u>ς Δ</u>	cauired D	ienoead	of or Re	noficia	Ily Owner	٠			
4 Tid	Sit (1							3.	_	-		5. Amou		. Ownership	7. Nature	
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da			Execution Date,			Transaction Disposed Of (D) (Instr. 3, 4)			str. 3, 4 an	d Securiti Benefic Owned	es Forr ially (D) o Following (I) (II	orm: Direct or Indirect () (Instr. 4)	of Indirect Beneficial Ownership			
						Code V	Amoun	t (A) (D)	Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	te, Tra	ansactio	5. Nur	nber ative ities red sed 3, 4	6. Date Exerc	6. Date Exercisable and Expiration Date (Month/Day/Year)		d of s g e Security nd 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Co	ode V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
LTIP Units	\$0.00 <sup>(1)</sup>	05/08/2019		I	A	2,046		(2)	(3)	Common Stock	2,046	\$0.00	2,046	D		

## **Explanation of Responses:**

- 1. Represents units of limited partnership interest ("LTIP Units") in First Industrial L.P., of which the Company is the general partner, granted under the Company's 2014 Stock Incentive Plan. An LTIP Unit that has vested and received certain allocations will automatically convert into a common unit of limited partnership interest in First Industrial, L.P. on a one-for-one basis, which common unit may in turn be converted into a share of Common Stock of the Company on a one-for-one basis.
- 2. Not applicable. The LTIP Units vest upon the earlier of (i) the first anniversary of grant or (ii) the Company's annual stockholder meeting, where directors are elected, next following the date of grant.
- 3. Not applicable.

## Remarks:

/s/ Daniel J. Hemmer, attorney-05/10/2019 in-fact

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.