FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(h) of the Investment Company Act of 1940	
SHIDLER			2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify
(Last) (First) (Middle) 311 SOUTH WACKER DRIVE SUITE 4000 (Street) CHICAGO IL 60606 (City) (State) (Zip)		,	3. Date of Earliest Transaction (Month/Day/Year) 11/03/2008	below) below)
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

(Street) CHICAGO IL 60606	5					X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)	Non Dorivativa	Socurities Acr	uirad	Die	nosed of	or Bon	oficially	Owned			
1. Title of Security (Instr. 3)	Non-Derivative 2. Transaction Date	2A. Deemed	3.		4. Securities	(A) or	r 5. Amount of 6. Ownership				
	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transa Code (8)		Disposed Of	(D) (INStr.	3, 4 and 5)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price				
Common Stock, par value \$.01 per share	11/03/2008		P		400	A	\$9.85	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		200	A	\$9.87	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		300	A	\$9.88	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		100	A	\$9.91	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		1,200	A	\$9.92	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		3,000	A	\$9.93	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		3,100	Α	\$9.94	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		3,500	A	\$9.95	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		2,400	A	\$9.96	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		5,400	A	\$9.97	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		1,700	A	\$9.98	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		10,000	A	\$9.99	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		256,561	A	\$10	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		204,636	Α	\$10.01	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		41,176	Α	\$10.02	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		1,061	A	\$10.03	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		12,239	Α	\$10.04	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		8,451	Α	\$10.05	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		300	Α	\$10.06	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		3,700	Α	\$10.07	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		2,000	Α	\$10.08	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		3,700	Α	\$10.09	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		4,700	Α	\$10.1	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/03/2008		P		100	A	\$10.12	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/04/2008		P		400	A	\$10.07	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/04/2008		P		2,600	Α	\$10.08	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/04/2008		P		20,164	Α	\$10.09	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/04/2008		P		39,318	A	\$10.1	1,063,911(1)	D		
Common Stock, par value \$.01 per share	11/04/2008		P		6,300	Α	\$10.105	1,063,911(1)	D		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired Disposed Of (D) (Insti				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code V		Amount (A) or (D)		or Pric	Price		action(s) 3 and 4)		(111501.4)
Common Stock, par value \$.01 per share				11/04	4/2008				P		47,967	A	\$1	0.11	1,063,911		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ution Date, Transact			5. Num of Deriva Securi Acqui (A) or Dispo- of (D) (Instr. and 5)	6. Date E Expiration (Month/II) Date Exercisa	on Da Day/Yo		7. Title and Amount of Securities Underlying Derivative Security (Instrant 4) Amount or Number of Title Shares				9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Does not include 910,660 shares held indirectly by the reporting person through Shidler Equities, L.P. Also does not include 20,000 shares held indirectly by the reporting person through his spouse.

/s/ Jay Shidler 11/04/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.