FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| OMB APPROVAL        |           |  |  |  |  |  |  |  |  |  |
|---------------------|-----------|--|--|--|--|--|--|--|--|--|
| OMB Number:         | 3235-0287 |  |  |  |  |  |  |  |  |  |
| Estimated average I | burden    |  |  |  |  |  |  |  |  |  |
| hours per response: | 0.5       |  |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     DOMINSKI MATTHEW                       |  |  |   | <u>FI</u>   | 2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [ FR ] |   |        |  |  |  |  |  | neck all ap                                   | p of Reportir<br>plicable)<br>ctor                       | ng Pers                                 | son(s) to Iss<br>10% Ow  |  |
|--|--|--|---|---|--|---|--------|--|--|--|--|--|---|--|---|--|--|
| (Last) (First) (Middle) ONE N. WACKER DRIVE SUITE 4200                           |  |  | 3. I<br>05,   | 3. Date of Earliest Transaction (Month/Day/Year) 05/03/2023 |  |   |        |  |  |  |  | bel                                    | ,   |  | Other (s<br>below)                      |  |  |
| (Street)   | GO IL  | (  | 60606   | 4.1   | t Amei   | ndment, I   | Date ( | of Original Fil                        | led (N   | /lonth/Da  | ay/Year)   | 6. Lin                                 | e)<br><mark>X</mark> For                      | or Joint/Grou<br>on filed by On<br>on filed by Mo<br>oon | e Repo                                  | orting Persor  | n  |
| (City)   | (St  | ate) (                                     | (Zip)   |   |  |   |        |  |  |  |  |  |   |  |   |  |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |  |  |   |   |  |   |        |  |  |  |  |  |   |  |   |  |  |
| Date   |  |  |   | Day/Year) if  |  | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |        | e, Transaction Dispose Code (Instr. 5) |  | rities Acquired (A) or<br>ed Of (D) (Instr. 3, 4 a |  | d Secu<br>Bene                         | icially<br>d Following                        | Form<br>(D) o  | rm: Direct<br>or Indirect<br>(Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4)                    |  |
|  |  |  |   |   |  |   | Code   | , ,                                    | Amount   | (A) o<br>(D)                                       | r Price  | Trans                                  | action(s)<br>3 and 4)                         |  |   | (11150.4)  |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |   |   |  |   |        |  |  |  |  |  |   |  |   |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                              | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Code  | Transaction Code (Instr.   |   | of     |  | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |  | 7. Title an<br>Amount o<br>Securities<br>Underlyin<br>Derivative<br>(Instr. 3 an | f<br>g<br>Security                     | 8. Price<br>Derivati<br>Security<br>(Instr. 5 |  | e<br>s<br>ally                          | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |  |  |   | Code  | v  | (A)   | (D)    | Date<br>Exercisable                    | Exp  | oiration<br>e                                      | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |   |  |  |
| LP Units   | (1)  | 05/03/2023                                 |   | A   |  | 2,272   |        | (2)                                    |  | (3)  | Common<br>Stock  | 2,272                                  | \$0.00  | 8,989  | 9                                       | D  |  |

## Explanation of Responses:

- 1. Represents units of limited partnership interest ("LP Units") in First Industrial L.P., of which the Company is the general partner, granted under the Company's 2014 Stock Incentive Plan. An LP Unit that has vested and received certain allocations will automatically convert into a common unit of limited partnership interest in First Industrial, L.P. on a one-for-one basis, which common unit may in turn be converted into a share of Common Stock of the Company on a one-for-one basis.
- 2. Not applicable. The LP Units vest upon the earlier of (i) the first anniversary of grant or (ii) the Company's next annual stockholder meeting following the date of grant where directors are elected.
- 3. Not applicable

## Remarks:

/s/ Jennifer Matthews Rice, attorney-in-fact 05/05/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.