FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	DVAL							
	OMB Number:	3235-0287							
	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SLATER ROBERT J						2. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
						<u>INC</u> [FR]										X	Office	er (give title		10% Owner Other (specify		
(Last) (First) (Middle)					-												belov			below)		
311 SOUTH WACKER DRIVE SUITE 4000						3. Date of Earliest Transaction (Month/Day/Year) 07/07/2006																
						4. If Amendment, Date of Original Filed (Month/Day/Year)											6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)																X Form filed by One Reporting Person						
CHICAG	O IL	E	60606															n filed by Mo	re than	One Rep	orting	
(City) (State) (Zip)																	Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		,	Transaction Disp Code (Instr. 5)		Disposed	curities Acquired (A osed Of (D) (Instr. 3,			4 and So		Securities Beneficially		nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(111501. 4)	
Common Stock, par value \$.01 per share 07/07/						/2006				A		1,764	(1) A		(2	2) 1		9,250		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Instr 8)				Ex	6. Date Exercisable a Expiration Date (Month/Day/Year)			d 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri	ivative urity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	vnership orm: rect (D) Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Code				v	(A)	(D)	Da Ex	ate kercisabl		Expiration Date	Title	or	ount nber res								

Explanation of Responses:

- 1. Represents shares granted under FR's 2001 Stock Incentive Plan. Of such shares, 264 vest on January 31, 2011 and 1,500 vest on July 1, 2009.
- 2. No figure applicable.

/s/ Robert J. Slater

07/07/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.